

# Weekly Newsletter Friday 24<sup>th</sup> May 2019

Dear Parents/Carers,

Well done to the two classes with the best attendance for the period 13.5.19 - 17.5.19. They are as follows: -

Early Years & KS1 –2LH – 99.4% KS2 –6JG – 99.4%

Another week of great attendance, let's keep going!

#### **Movie Night**

Following on from our last movie night, we have decided to do it again this year and it will take place on **Monday 24**<sup>th</sup> **June 2019** for children in Year 1 to Year 6. All the children will enjoy the latest How to train your dragon film, The Hidden World, which seems very popular with children of all ages. The film will start straight after school at 3:30pm and it will finish at 5:45pm. Admission is £3 and a drink and a snack will be included. Numbers will be limited due to fire regulations so places will be given out on a first come, first served basis.

Letters will be sent out after the Whitsun break but don't forget to save the date!  $\odot$ 



#### The sun has got his hat on! ©

Following on from last year we are continuing this year to promote the National Sun Safe Schools Accreditation Scheme developed by the national skin cancer charity "Skcin". The idea is to promote sun safety from an early age in order to reduce the soaring rate of the UK's most common and fastest rising cancer, skin cancer. Our school has registered as we feel it is really important for children to understand the importance of sun safety from a young age. I would like to remind parents that with the warm weather fast approaching, please ensure your child comes to school each day with a hat or alternatively

leave a named hat at school. The wide brimmed hats are more appropriate, especially with younger children as it shields the sun from children's faces and necks. It is also important that children have sun cream on before they come to school which keeps them protected for the school day. There are lot of creams now readily available that protect skin up to 12 hours, Aldi stock one which is really reasonably priced and has a high UV rating. Children also need to bring a clear water bottle with them filled with plain, still water to ensure they stay hydrated throughout the school day.



Please see below for some useful tips on staying safe in the sun

- 1.SLIP on a t-shirt
- 2. SLOP on SPF 30+ sunscreen
- 3. SLAP on a broad brimmed hat
- 4. SLIDE on quality sunglasses
- **5. SHADE** from the sun when possible

#### 1: SLIP on a T-Shirt

- Clothing can be one of the most effective barriers between our skin and the sun.
- Clothing should cover as much skin as possible.
- Always keep shoulders covered, they can easily burn.
- A closer weave fabric will provide better protection.

• A high UPF rated fabric provides best protection.

#### 2: SLOP on SPF 30+ sunscreen

- No sunscreen provides complete protection.
- Never rely on sunscreen alone to protect skin.
- Always use a sunscreen with a Sun Protection Factor (SPF) 30 or above, preferably water resistant.
- Make sure it's broad-spectrum and carries a UVA symbol (if it has a star rating, use a minimum 4 star).
- Store in an accessible, cool place and remember to check the expiry date.
- Apply a generous amount to clean, dry, exposed skin.
- Apply 20 minutes before going outdoors and once out.
- Protect your lips with an SPF 30+ lip balm.

#### 3: SLAP on a wide brimmed hat

• Wear a wide brimmed hat to shade the face, neck & ears. Legionnaire hats (with a flap that covers the neck and joins the front peak) or a hat

(with a minimum 7.5cm brim) are the most effective.

- A close weave or UPF rated fabric provides best protection.
- Baseball caps do not provide adequate shade.

#### **SLIDE** on quality sunglasses

- Solar UV radiation can be damaging to the eyes, so always wear quality sunglasses.
- Overall protection depends on the quality of the lens as well as the design.
- Look for the European CE mark, which indicates a safe level of protection.
- Those labelled with a high EPF (which ranges from 1-10) will provide best protection.
- Ensure they are close fitting and wrap around to stop solar UVR entering the sides and top.

## 5: SHADE from the sun when possible

- Shade can provide a good barrier from UV rays.
- Seek shade whenever possible, particularly at the hottest times of the day between 11am and 3pm when UV penetration is strongest.
- Keep toddlers and babies in the shade at all times.
- Never rely on shade alone, always combine with personal protection measures.

#### WHO IS MOST AT RISK OF SKIN CANCER?

- RED OR FAIR HAIR
- FAIR SKIN THAT BURNS MORE EASILY
- LOTS OF MOLES AND/OR FRECKLES
- A FAMILY HISTORY OF SKIN CANCER / MELANOMA
- A HISTORY OF SUNBURN
- A HISTORY OF TANNING AND/OR SUNBED USE

Following on from this, I just wanted to let you know that we will be selling hats with the school logo on after the Whitsun break. The hats will be royal blue, with the school logo on and will cost £5.50. If you would like one for your child, simply pay on Parent pay and let Mrs Watkins in the office know ©



We will let you know as soon as they arrive in school

# The Piota app

We will be phasing out our texting system at the end of this school year and will send notifications through to you on the Piota App instead.

The vast majority of people have an iphone or android phones now so communicating in this way seems to be the way forward.

If you haven't already done so, please access the app store on your phone, search for Piota for schools and Norton Canes Primary Academy. We will keep you posted on the progress of this and keep you up to date with lots of school news. If you have any problems or questions regarding this, please pop to the office.



## **Spotlight Summer Drama Academy**

Spotlight Youth Productions will be running a Summer Drama Academy for children aged between 8-18 years on Monday 12<sup>th</sup> August – Friday 16<sup>th</sup> August 2019. The sessions take place at Brownhills Community Association Activity Centre and will take place from 10am to 4pm. The cost is £50 for the whole week. The children will learn basic skills on how to sing, dance and act, with a performance on Friday afternoon showcasing the skills they have learnt.

If you think your child would be interested or you would like some more information, please call 01543 452119 or 07971625865. Thank you.

#### Uniform

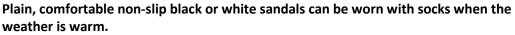
Please find below a comprehensive list of our school uniform. Please ensure all children are wearing the correct uniform, especially shoes.

Our dress code consists of the following: -

<u>Boys</u>- grey trousers, a white polo shirt or royal blue polo shirt, a royal blue jumper and comfortable non-slip black shoes (not trainers) which are easy to fasten, (e.g. Velcro). Shorts may be worn in warmer weather.

<u>Girls</u>- grey skirt/trousers, a white polo shirt or royal blue polo shirt, a royal blue jumper/cardigan and sensible non-slip black shoes (not trainers).

A blue or lilac and white checked dress may also be worn in warmer weather.





<u>Nail Varnish</u> – Following on from the item above, can I also state that nail varnish and nail extensions are not appropriate for school. Whilst we appreciate that growing girls like to experiment with long, colourful nails, we would ask that this is something that is saved for weekends and school holidays. Thank you.

#### **Healthy Snacks**

For some time now, we have requested that the snacks that the children in KS2 bring in for morning break is a healthy snack. This can be fruit, yoghurt or breadsticks for example but we ask that is it green or orange on the nutritional label. We are happy for children who have packed lunches to have some crisps or a small amount of chocolate in their lunch boxes but this is to be saved for lunchtime only. With growing childhood obesity, we feel it's important for us to help children to understand how to be fit and healthy. We are continuing to do "The Daily Mile" every day at lunchtime and children are very receptive to this. Please help us with this by providing your child with healthy food. Many thanks.

Yours sincerely,

Mrs G Crofts (Executive Headteacher)

W/C 27<sup>th</sup> May – Whitsun Holiday

Monday 3<sup>rd</sup> June – Inset day – school closed to pupils

Wednesday 5<sup>th</sup> June – KS1 Pirate Day

Monday 10<sup>th</sup> June – Year 6 to Condover Hall

Monday 10<sup>th</sup> June – Reception to Wolseley Gardens

Friday 14th June – PJ day for Ronald Macdonald House –

Birmingham children's hospital

# **Term Dates 2019/2020**

# **Autumn Term 2019:**

# Inset Day- Monday 2<sup>nd</sup> September (school closed to pupils)

School Opens: Tuesday 3<sup>rd</sup> September – Friday 25<sup>th</sup> October

October Half Term: Monday 28<sup>th</sup> October – Friday 1<sup>st</sup> November

School Opens: Monday 4<sup>th</sup> November – Friday 20<sup>th</sup> December

Inset Day – Monday 25<sup>th</sup> November (school closed to pupils)

Christmas Holiday: Monday 23<sup>rd</sup> December – Friday 3<sup>rd</sup> January

Inset day – Monday 6<sup>th</sup> January (school closed to pupils)

# Spring Term 2020:

School Opens: Tuesday 7<sup>th</sup> January – Friday 14<sup>th</sup> February

February Half Term: Monday 17<sup>th</sup> February – Friday 21<sup>st</sup> February

School Opens: Monday 24<sup>th</sup> February – Friday 3<sup>rd</sup> April

Easter Holiday: Monday 6<sup>th</sup> April – Friday 17<sup>th</sup> April

Summer Term 2020 - May Day 4th May

School Opens: Monday 20<sup>th</sup> April – Thursday 21<sup>st</sup> May

 $Inset\ Day-Friday\ 22^{nd}\ May\ \textbf{(school\ closed\ to\ children}Whitsun\ Holiday:\ Monday\ 25^{th}\ May-Friday\ 29^{th}\ May$ 

School Opens: Monday 1st June – Friday 17th July

Inset Day – Monday 20<sup>th</sup> July (**school closed to all pupils**)

Summer Holiday: Tuesday 21st July – Monday 31st August

